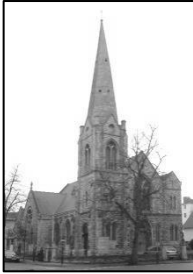


Cheltenham United Reformed Church



In Touch



October 2016



*'Through Faith,
Fellowship and Care
We Affirm that Jesus Is Lord'*

CHELTENHAM UNITED REFORMED CHURCH

www.uncic.org.uk

Minister

Rev Maz Allen 01242 238273
Rev Gary Grady

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Welcome to 'In Touch' -

The magazine of **Cheltenham United Reformed Church**, a joint pastorate of the three United Reformed Churches in Cheltenham, sharing a Minister, Rev Maz Allen. The three churches work very closely together, sharing this magazine, the website and all activities.

St Andrew's United Reformed Church is in the Montpellier district of Cheltenham town centre. A former Presbyterian church founded in 1885, it became United Reformed on unification in 1972. Recent renovations now offer an impressive facility, meeting the needs of 21st century Cheltenham.

Prestbury United Reformed Church is in the heart of Prestbury village on the northern edge of Cheltenham. A former Congregational chapel built in 1866, becoming United Reformed on unification in 1972.

The Church in Warden Hill is a Local Ecumenical Partnership (LEP) between the Anglican (St Christopher's) and URC communities of Hatherley and Warden Hill in the south of Cheltenham. Ministry is shared between the URC Minister, Rev Maz Allen, and members of the Anglican South Cheltenham Team Ministry. Both the Anglican and URC buildings are regularly used for worship.

For other information about the Church in Warden Hill please see 'The Lantern' or visit www.tciwh.org.uk

Jesus said:

*"For where two or three are gathered in my name,
I am there among them." (Matthew 18 v20 NRSV)*

News of the Church Family

We remember those who have departed:

Barbara Russell-Smith, David Torrance

We are invited to pray for:

Jean Bennett, Tony Gledhill, John Mears, Tony Jeans, Hilary Eaton
The family and friends of Barbara Russell-Smith

Our Congratulations go to:

Jean and Pat Bennett on their Golden Wedding Anniversary

Barbara Russell-Smith

In Memoriam: It is with sadness we report the death of Barbara Russell-Smith who died on 2nd September 2016. Her obituary will appear in next month's magazine. Our prayers are with her children, Penny, William and Edward. Her funeral took place on 30th September.

CURC Elders

The whole Elders' Team at the 'Awayday' on 23rd July at Warden Hill URC Centre



Our Minister Writes:



Dear Friends,

We are in the full swing of harvest festivals, autumnal sunshine and showers and, for some, late holidays! October seems to be a time to re-group after the summer and before the frenetic Christmas season starts. In the church, this is called 'Ordinary Time', when we consolidate our teaching and learning about Jesus' message, his ministry and mission.

What does 'ordinary time' mean to you? Is it the monotonous routine of daily life? Is it cherishing family and friends? Is it wistfully contemplating what has gone before, knowing those experiences won't come again? 'Ordinary' means 'normal' or 'usual'. So it is 'ordinary' for us to want to come to church to worship! And if we are unable to get to church, I pray it is 'ordinary' for us to sustain our prayer-life and to be with worshippers in spirit.

There is nothing ordinary about following Jesus, is there? It is a huge privilege to have faith that he is with us, whatever activities fill our lives, whatever hopes and disappointments we experience. We have a constant companion from whom we can always draw strength.

Prayer: ***Lord, help us to never fall out of love with you. Amen.***

Yours in Christ,
Maz

Obituary

Robert Torrance 1921 - 2016

Robert and his late wife Rena were members of St Andrew's Church from their arrival in Cheltenham in 1975 until 2003.

During their time in Cheltenham they learned Scottish Country Dancing in the Church Hall and spent many happy times with fellow dancers at various venues in the Gloucestershire area.

Rena developed Alzheimer's in the early 2000's and Robert decided to return to their home town of Falkirk in 2003 where Rena entered a Nursing Home.

Sadly, Rena passed away in 2007.

Robert had a couple of strokes in 2011 and spent seven months in local hospitals, but he made a remarkable recovery and was able to lead a good quality life with the help of his trusted "zimmer"! After hospital he spent almost five years in a Residential Care Home in Larbert (near Falkirk) and passed away there, aged 94.

David Torrance

Special Celebrations

On Sunday 10th July, the Veal family were invited to worship with the congregation of Christchurch Ross on Wye. Rev Jenkins led this lovely service as a celebration of his 50th anniversary as an ordained minister. Not unsurprisingly, he chose to celebrate through his love of music! - each hymn marking a step through his years of ministry, from Rochdale to Dursley to Cheltenham. Sheila gave a delightful Swedish children's address, and it was good to spot Matthew in the choir along with his parents of course! Andrew played the trumpet as guest instrumentalist, and I was glad to sing again "O let us spread the pollen of peace" - one of my favourites from Corrymeela in N Ireland.

Over coffee we met with many of the congregation and some friends from Rochdale. It was lovely to see Glyn and Sheila are very much part of the fabric of Christchurch now.

Ordination is however not the only major life event Glyn celebrated in July; he and Sheila also celebrated their golden Wedding Anniversary! They send their greetings to all at the URC in Cheltenham, and I'm sure we would all want to warmly congratulate them on their special anniversary and send them our warm greetings from Cheltenham too.

Alison Veal

Harvest Festivals with Lunch



At Prestbury

We would like to invite all friends to join us for our Harvest Festival on **Sunday 23rd October at 10.30am**. This year we are collecting dried and tinned goods for the Food Bank and cash donations for WaterAid. After the service we are holding our Harvest Lunch, which will be a two-course hot meal prepared by Home Flair Catering with gluten-free and vegetarian options. Tickets (£6) are available from the secretary, Fiona Hall (prestbury@urcic.org.uk) and final numbers need to be known by Sunday 16th October.



At The Church in Warden Hill

There will be a Family Service at **10.30 am on Sunday 2nd October** where your gifts of produce, tins and packets etc. or money will be collected. The fresh produce will be sold after the service and at the lunch with the money going to Water Aid.

We are having a Harvest Lunch after the Harvest Festival Service. It will be a hot main meal and puddings. You will need a ticket costing £4, which will all go to "Water Aid". Please contact Debbie Cypher for a ticket.

LONELINESS

A workshop/development day

Tuesday 11th October

Prinknash Abbey

Cost £4

To book, contact Rev. Eric Massey

01453 766389

e.massey56@btinternet.com

St. Andrew's Charity for October:

DIABETES UK

Diabetes is a life-threatening condition that has become a fast growing health crisis. In the UK there are 4 million known sufferers and an estimated 11.5 million at risk of developing type2 diabetes.

Diabetes UK is the UK's leading diabetes charity, funding improvements in care and treatment, vital research, general awareness and methods of preventing more people from developing the condition. The society has a network of over 10,000 professional members and experts, and is supported by nearly 7,000 volunteers. There are over 250 local groups supporting the society's work. The first research grant was awarded as long ago as 1935, but research still continues, to find the elusive permanent cure that is the society's ultimate objective. Every year £7 million is invested in that ongoing research. Currently type2 diabetes is a particular concern, because of its rapid increase and its connection to modern life-styles, so public awareness and preventive advice are important initiatives. In order to carry on its important work Diabetes UK relies on voluntary funding, both from individuals and arrangements with commercial and trade organisations. More information about Diabetes UK is available on its website or email info@diabetes.org.uk or from its helpline on 0345 123 2399.

The local Diabetes UK Group was set up in 2008 and meets in Gloucester. Its stated aim being "to provide support, information, understanding and friendship to anyone affected by diabetes." The group has its own website and more information can be obtained from its secretary Mike Broome on 01452 331016.

CURC Discussion Group

Meetings take place at Prestbury URC, except where noted, on Tuesdays at 7.30pm. Everyone welcome.

Tues 15th November

'The Screwtape Letters' by C S Lewis
to be led by Bob Alger

Tues 31st January 2017

Did Martin Luther mean to start a Revolution?
To be led by Janet Kemp

Poetry Offers Some Crumbs Of Comfort

Those clever people at Oxford Publishing tell us that there are hundreds of new words added to their dictionaries every year. That's all very well, but what about those of us who worry about the words we've already got? For example the Oxford English Dictionary doesn't help with worrying problems like clichés, quotations and sound bites. When does a sound bite become a quotation? Is a quotation also a cliché? Even if it's a wrong quotation? See what I mean? Take that bit in "Casablanca" where Humphrey Bogart says "play it Sam" (see, there's no 'again' in it!). Is it a quotation, a sound bite or a cliché? On the other hand, "qu'ils mangent de la brioche" is definitely a quotation, especially if you're French, but it's also a cliché isn't it? What of "mad, bad, and dangerous to know"?, so often quoted about George Gordon, aka Lord Byron? Quotation, cliché or sound bite - or all three? It must have taken Lady Caroline Lamb a while to come up with that smart one-liner. But, did she actually say it and why? Well, help is at hand. It will all become crystal clear (definitely a cliché) when **at the Forum on Tuesday 11th October Ann Grant talks about Byron,**

"Mad Bad and Dangerous to Know."

Oh yes! That business of Marie Antoinette and the cakes (see above) started because her subjects had no bread.

Now, there's a coincidence, because that's the subject of our second talk in October - no bread. Many places in Africa have serious problems when crops fail, and Ifakara in Tanzania is no exception. Some tourists on holiday visited Ifakara and decided to do something about the problem. That has become the "free bread" programme. **On Tuesday 25th October Eugene Schellenberg is coming to talk about**

"The Ifakara Bakery."

There are striking similarities with the Kikambala church, familiar to some St Andrew's members, and the Kenya Project.

Lastly an apology for the late change of speaker at the 13th September meeting after In Touch had gone to press.

We meet at 2.30 pm in the Garden Room at St Andrew's and you are assured of a friendly welcome.

Keith Norcott

A Night At The Pictures

On 3rd September we enjoyed the last of the present series of “Nights at the Pictures”, staged for us by producer/director/projectionist/MC Tony Jeans.

On this occasion we visited both the turn of the 19th/20th centuries and the Festival of Britain era in 1951/2, so there was a fair helping of nostalgia about... yes, some of us do remember the Festival of Britain. Here was another chance to dress up, indulge in a do-it-yourself supper and enjoy “The Pictures”. Oscar Wilde never ceases to amuse and the 1952 version of “**The Importance of Being Earnest**” had the sort of all-star cast most directors can only dream of. So it’s a warm thank you to Tony, Sandra and all those helpers who made it such an enjoyable return to the days when you really got your money’s worth at the pictures.

It was a night for the audience to show off too. Many a wardrobe had been raided and many a sewing machine spun to produce a marvellous array of period costumes. What more could you ask? Well, you could ask for more of course, but we will need to find another impresario, as Tony is hanging up his laptops and cables and gizmos to take on other church duties. So who is to be the URC’s next Cecil B DeMille or Sam Goldwyn? Meantime, Tony and your team, many many thanks for some memorable evenings.

Keith Norcott

Climbing Kilimanjaro



Eric Moore, of St Andrew’s has taken on the challenge of climbing Kilimanjaro in order to raise funds for the British Heart Foundation.

In his own words:

“It is important to help the BHF because they work for all of us. My good friend Richard died of a heart attack eleven years ago aged 43. He was very active and fit, a popular member of our cricket team, Richard collapsed whilst batting. Despite our best efforts at CPR we weren’t able to do anything for him, but by taking on this challenge I can help do something for others. I hope you will help me make the difference.”

If you would like to support Richard please visit

www.justgiving.com/fundraising/Eric-Moore-Kili, or speak to Eric in person.



Classic Film

Saturday 29th October 2016
in Warden Hill URC Centre
at 2.15pm (doors open at 2.00pm)

Free entry – Family and Friends welcome
Refreshments available

Future Dates: 19th November, 7th January

Community Film

Saturday 22nd October 2016
in Warden Hill URC Centre
at 2.30pm (doors open at 2.15pm)



Free entry – Family and Friends welcome
Refreshments available

Future Dates: 5th November, 10th December

Dementia Awareness

The **Elders 'Awayday'** in July was a fascinating talk by Caroline Stone, Dementia Advisor from Dementia UK, assisted by Tommy Fellows from Sandfields Care Home in St Georges Road. Caroline supports many people locally with dementia, helping them to live independently in the community by guiding them towards appropriate support. Anyone with a diagnosed dementia or someone seeking a diagnosis can refer to the Dementia Adviser service. It is managed by the Alzheimer's Society who have a local office in Gloucester. It is a free non-medical service.

The Elders thought it would be useful to hear about Dementia so that it may help us as Elders to understand how best to make worship accessible to all, but we also found it very helpful for our own benefit.

We were told:-

That if you suspect you or someone else has the beginning of Dementia you should go, or encourage them to go to their GP who will make a referral for an assessment which could take about two hours in their home. A CT scan would then be arranged for everyone who it is thought may have Dementia.

At first people try to cover up but some of the signs are confusion, challenging behaviour, denial, fear, forgetfulness and negativity. People feel that it carries a stigma, so it is suggested that we try to avoid people knowing that they have Dementia. We have to realise that there is no cure and it won't get better.

Family and friends can all help to provide a good quality of life for anyone with Dementia. Diet and exercise are important and are said to help with prevention. A large number of people continue to live in their own homes, using domiciliary support and family and friends to assist them. Loneliness and isolation are known to be additional contributors to dementia and general poor quality of health. People who attend social groups and interact regularly with others often stay well and independent for longer than those who are isolated and deprived from social contact. The winter season and darkness can increase confusion in a person with dementia as it changes the perception of day and time.

Losing colour recognition can also be a significant problem. Water in a clear glass may be invisible and white food on a white plate may not be seen. Coloured plates like red or yellow are easily visible and more likely to be used. In addition, food needs to be made interesting to encourage consumption.

People with dementia remember everything from their long distant past, so it is helpful to know a person's history as this can unlock some long term memories. Sometimes repetitive behaviour may be an indicator of a person's past life; a person who continually taps may have been a typist, or a man who wants to lock doors may have been in security. Playing games can help. If for instance you reinvent old times or give them a tape of the music of their younger years. If an old person wants to visit their mother when clearly the mother has died, this can be their way of remembering 'safe' times in their life.

People with dementia can often be repetitive in conversation which can be frustrating for their carer or loved ones. For the person asking the same question it will feel like the first time every time as they will have no recollection of the previous times. If a person becomes fixated on something, it can be helpful to step into their world; to them it is a real situation.

People with dementia can hallucinate and objects can suddenly become real. Help the person to feel safe and calm. If people on the TV are in the room, turn the TV off! It is not helpful to say 'Don't be silly It's not real!' It's very real to them!

People with dementia can struggle with spatial awareness and fall down because they are unable to work out the height of steps or pavements.

Medication can slow down Dementia but cannot repair it. There are many adaptations and pieces of equipment to help and support vulnerable people. One is a 'Message in a Bottle' which can be sourced from most pharmacies or GP surgeries. It is free and carries a copy of the person's prescription together with personal information. It is used for when people go into hospital or out of their home. It is self-explanatory and worth looking out for.

There are in excess of one hundred types of Dementia, current research has only scraped the surface of them. 'Dementia' is the generic term for dementia of which Alzheimer's and Vascular dementia are two types. Alzheimer's is the most common and equates to 71% of all cases. Short term memory loss is common in both types. It is possible to have a mixture of different types eg. Alzheimer's and Vascular dementia.

Brian Miles

(This is a shortened version of Brian's full report – if you would like a full copy please contact either myself or Brian –Ed)

Dementia Awareness

May be.....

When I wander, don't tell me to come and sit down. Wander with me.
It may be because I am hungry, thirsty, need the toilet.
Or maybe I just need to stretch my legs.

When I call for my Mother (even though I'm ninety!) don't tell she has died.
Reassure me, cuddle me, and ask me about her.
It may be that I am looking for the security that my mother once gave me.

When I shout out, please don't ask me to be quiet...or walk by.
I am trying to tell you something, but have difficulty in telling you what.
Be patient. Try to find out. I may be in pain.

When I become agitated or appear angry, please don't reach for the drugs first.
I am trying to tell you something. It may be too hot, too bright, and too noisy.
Or maybe it's because I miss my loved ones. Try to find out first.

When I don't eat my dinner or drink my tea, it may be because I've forgotten how
to. Show me what to do, remind me.
It may be that I just need to hold my knife and fork, I may know what to do then.

When I push you away while you're trying to help me wash or get dressed,
maybe it's because I have forgotten what you have said.
Keep telling me what you are doing, over and over and over.
Maybe others will think you're the one that needs the help!

With all my thoughts and maybes, perhaps it will be you
who reaches my thoughts, understands my fears,
and will make me feel safe.

Maybe it will be you
who I need to thank. If only I knew how.

Norman McNamara

Shoebox Appeal for Christmas



Start preparing your shoe boxes now!
Flat pack shoe boxes are available.
Final collection is Sunday 30th October.
Information leaflets are in the churches
Any queries to Dorothy Odell or Kate Alger

Prestbury Coffee Morning

Our next monthly coffee morning will be on:

Saturday 1st October

From 10.30am until 12.00noon

As ever, the legendary toasted teacakes will be on offer!

There will also be a raffle and cakes and books for sale.



St Andrew's Lunch Club

St Andrew's URC, Montpellier Street

1st and 3rd Wednesday of every month at 1.00pm

Soup, Bread Roll and Dessert £3.00

Heritage Open Days - Reports

St Andrews

On Saturday 10th September, St Andrews was open from 10am to 1pm as part of Heritage Open Days. During the morning about 20 people visited, despite the wet weather, and enjoyed looking round the building and listening to Andrea Board and John Standing playing the organ.

Some of the comments received were:

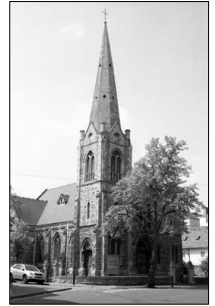
'what a lovely space you have'

'it has a lovely peaceful feeling'

'it is wonderful to find a church that still has an organ'

'how lovely to hear the organ being played'

'what lovely stained glass'



Alison Kerr

Prestbury



We too had a good day for our first opening as part of the Heritage Open Days. We were open from 10 until 4 and had about 30 visitors. Some people said that they had often passed but had never been in before and were impressed by how big the building actually was. The Prestbury Local History display of our old (and some long gone) buildings provoked many questions and reminiscences. Anne Grant did sterling work discussing Beatrix Potter and some adults even took away colouring sheets. Our visitors were impressed by the tapestry seat cushions, many of which were on display with information on 'how it was done'. The Prestbury URC corner contained an interesting mix of objects ranging from one of the original locally produced bricks and our ceremonial silver trowel to many photos and press cuttings of church events and people. Thank you to all who contributed to the success of the event.

Fiona Hall

Senior Club at The Church in Warden Hill

The Senior Club meets every Wednesday at 2-15 pm for a wide and varied programme of talks and activities ranging across formal talks, musical sessions to Beetle and Bingo afternoons.

It would be nice to see some new faces. Please contact me if you would like to come, you will be very welcome.

Sheila Parry

Wednesday Women

The September meeting was a lively discussion on the novel 'I Let You Go'. The book had been enjoyed by all. There was also an opportunity to swap books and recommend novels.

The October evening will be a Christmas Craft session. This will be on Wednesday 5th October at 7 15pm. Meetings are held in St Andrew's. All welcome.

Elspet Carter

Reading Group

The next meeting of the Reading Group will take place at 7.30pm on Wednesday 23 November 2016 at Karinya, Swindon Lane, Cheltenham GL50 4PF

The book to be discussed is 'The Poisonwood Bible' by Barbara Kingsolver. Told by the wife and four daughters of Nathan Price, a fierce evangelical Baptist who takes his family and mission to Belgian Congo in 1959. This is the story of one family's tragic undoing and remarkable reconstruction over the course of three decades in post - colonial Africa.

Mary Cummings-

Bible Study Group

The Bible Study Group takes place at Cleeve Hill Nursing Home every Friday during term time from 10.30am – 12.00noon. New members always welcome. Lifts can be arranged if transport is difficult.

Janet Kemp

Concerts at St Andrew's



- **Lilliput**, for the Under 5's: 17th October, 21st November

Kenya Projects Quiz

When? Saturday 15th October

Where? Salvation Army, Gloucester

What Time? 6.45pm

Teams needed!

Please see Donna Sutherland

Bring a pudding!!

QI GONG

At St Andrew's With **LIDA VLČEK**

NEXT SESSIONS:

October 6th, 20th, November 3rd 2016

meeting at 12.15 pm

Cost £5.00 per session

New members welcome

call Lida 01242 233949 lida@blueyonder.co.uk

Footsloggers Monday 12 September 2016

There was no plan B if the bus didn't come, so the fourteen walkers were at the stop very early – but the times had just changed and there was another twenty minutes to wait! No problem: lots of chat.



The double-deck bus climbed the hill to Cranham Corner with fine views. An hour among the trees followed. After an initial short rise, it was all downhill, thanks to the bus. The paths weren't muddy, and the route suddenly burst out of the woods to give fine views to the north. After a quick look at the Roman villa, the way led gently down past shy bullocks onto a farm road beside the crops (with several grand single

oaks) to the Witcombe reservoirs. Passing a fine copper beech and through a hidden hole in the hedge, it was then an easy level walk back to the Twelve Bells, despite finding one path ploughed up! Thankfully, there was no mud, and the meal, though slow, was enjoyed by all.

Cecil Sanderson

The Annual Footsloggers **Social Event** will be on Saturday 19th November. Everyone is invited to come and see photos of past walks and have a fun evening. Food will be provided, please bring your own 'liquid refreshment'.



Also please note that the Footsloggers AGM will be on Friday 20th January 2017. This is a change of date.

Dorothy Odell

Creative Cards

On sale at Prestbury, St Andrew's
Warden Hill URC Centre and St Christopher's

Freecycle



If you have any useful items you no longer need that might be of use to someone else please let Ann Lewis know with full details of the item and please leave your telephone number so we can get back to you.

Regeneration/Repair Café

Textile repairs proved very popular at our September's Regeneration and Repair café. Also brought back to life were a hairdryer and several pairs of gardening shears. Vision 21 have revised their guidance on bike repairs to make it a bit easier for people to work out what we can and can't repair. Café volunteers can help people learn how to keep their bikes on the road eg puncture repairs, making simple adjustments to brakes, gears, handle bars and saddle, and looking after the bicycle chain. If people need replacement parts, they should be able to advise what is needed and where to source it. Bikes need to be booked in with Vision 21 in advance by ringing 01242 224321.

Vision 21 are looking for repairers as well as any volunteers to help with the organising. Anyone interested should contact 01242 224321 for more details.

Carol Drummond

Zero Waste Week

5-9 September was Zero Waste Week, an annual international event aimed at raising awareness about the amount of materials being sent to landfill and encouraging people to produce less waste. If you have internet access, there are lots of good tips on zerowasteweek.co.uk. One I thought I would put into practice is to go through my food cupboards three times a year and get out anything that is best before the following 3 months and make meals with these before using the more up-to-date ones. If you have any tips on how to reduce waste, please contact me.

Carol Drummond.

From the Editor

Can you help? My planning for the 'In Touch' centre pages for November included a remembrance for any Somme casualties associated with either St Andrew's or Prestbury to be commemorated. I did my planning before I discovered that neither church has a Church World War 1 Roll of Honour/War Memorial. Both Cheltenham and Prestbury have civic memorials with many names on – does anyone know if any of these men belonged to either St Andrew's Presbyterian Church or Prestbury Congregational Church?

As a relative newcomer to Cheltenham I am intrigued to know the story behind this lack of Memorials?

Maz will be leading her last visit associated with 'Kenya Projects' after Christmas. Fundraising has been very successful this year, but a final push is needed to cover the cost of new shoes for the children at Embu. Let's make it a bumper amount this year.

With all good wishes to all who are starting new ventures this autumn.

Janet Kemp

Please ensure that all items for the next edition of 'In Touch' are with
the Editor by midnight on
SUNDAY 9th OCTOBER 2016
at
magazine@urcic.org.uk

Distribution is on the 4th Sunday of the month. Any alterations to the distribution, e.g. change of address, method of delivery, or cancellation should be sent to Fiona Hall. The current edition of 'In Touch' and some back numbers, amended for legal and privacy reasons, are available on the Church website

(See inside front cover of 'In Touch' for relevant email addresses)

Diary for October 2016

Sat	1	10.00am	Regeneration/Repair Café	St Andrew's
Sat	1	10.30am	Coffee Morning	Prestbury
SUN	2	10.30am	Harvest Festival and Lunch	St Christopher's (TCiWH)
Wed	5	1.00pm	Lunch Club	St Andrew's
Wed	5	7.15pm	Wednesday Women	St Andrew's
Thu	6	12.15p,	Qi Gong	St Andrew's
Tue	11	2.30pm	Tuesday Forum	St Andrew's
Thu	13	2.00pm	Prayer Group	St Christopher's
Wed	19	1.00pm	Lunch Club	St Andrew's
Thu	20	12.15pm	Qi Gong	St Andrew's
Fri	21		Footsloggers	
Sat	22	2.30pm	Community Film Show	Warden Hill URC Centre
SUN	23	10.30am	Harvest Festival and Lunch	Prestbury
Tue	25	2.30pm	Tuesday Forum	St Andrew's
Thu	27	2.00pm	Prayer Group	St Christopher's
Sat	29	2.15pm	Classic Film Show	Warden Hill URC Centre

Diary for November 2016

Wed	2	1.00pm	Lunch Club	St Andrew's
Wed	2	7.15pm	Wednesday Women	St Andrew's
Thu	3	12.15pm	Qi Gong	St Andrew's
Sat	5	10.00am	Regeneration/Repair Café	St Andrew's
Sat	5	10.30am	Coffee Morning	Prestbury

(Please see 'The Lantern', Magazine for the Church in Warden Hill for other activities. Ed.)

Regular Weekly Events 2016

Monday

10.00am	Prestbury Urchins	Prestbury URC**
5.15pm	Rainbows	Warden Hill URC Centre**

Tuesday

10.00am	St Andrew's Parents & Toddlers	St Andrew's
10.30am	Tuesday Prayers & Communion	Warden Hill URC Centre
5.15pm	Brownies	Warden Hill URC Centre**
7.30pm	Bible Study House Group	St Christopher's**

Wednesday

9.15am	Little Shepherds	St Christopher's**
2.15pm	Senior Club	St Christopher's
7.00pm	Bellringing	St Christopher's

Thursday

5.30pm	Beavers	St Christopher's**
6.00pm	Brownies	St Christopher's**
6.45pm	Cubs	St Christopher's**
7.45pm	Scouts	St Christopher's**

Friday

10.30am	Bible Study House Group	Cleeve Hill Home**
6.15pm	TCiWH Choir Practice	St Christopher's

** Term Time Only

Views expressed in this magazine are not necessarily those of the Editors, the Elders, the Ministers, or of any authoritative body of the United Reformed Church

Church Services

St Andrew's URC

Every Sunday	11.00am	<i>Morning Worship</i> <i>(Communion Service on 1st Sunday)</i>
3 rd Sunday	9.30am	<i>Jump4Joy</i> <i>(an informal short service for all the family)</i>

Prestbury URC

1 st Sunday	10.30am	<i>All-age Worship</i>
3 rd Sunday	10.30am	<i>Morning Worship</i>
4 th Sunday	10.30am	<i>Communion</i>
2 nd & 5 th Sunday		<i>No service</i>

The Church in Warden Hill

Sunday morning services are **all** held at **St Christopher's**

1 st Sunday	10.30am	<i>Family Worship</i>
2 nd Sunday	10.30am	<i>Communion in the URC tradition</i>
3 rd Sunday	10.30am	<i>Morning Worship</i>
4 th Sunday	10.30am	<i>Communion in the Anglican tradition</i>
5 th Sunday	10.30am	<i>Communion or Morning Worship</i>

During term time New Shoots for younger members (2-14) takes place during the morning service

2 nd Sunday	3.30pm	<i>Messy Church at URC Centre</i>
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Evening services are at St Christopher's **except** 4th Sunday at URCC

1 st & 3 rd Sunday	6.00pm	<i>Communion</i>
2 nd Sunday	6.00pm	<i>Evensong</i>
4 th Sunday	6.00pm	<i>Evening Worship at URC Centre</i>
5 th Sunday	6.00pm	<i>Communion or Evensong</i>

Weekdays

Monday-Friday	8.00 am	<i>Morning Prayer at St Christopher's</i>
Tuesday	10.30am	<i>Communion at URC Centre</i>